

# Learn to Live Without Tobacco.

# Help is **FREE!**



*The University of Florida AHEC Program Presents*

## **FREE** Tobacco Cessation Classes

at

# HealthStreet

RESEARCH HELPING PEOPLE



**Class date:** Last Thursday of the Month **Time:** 11:00—1:00 p.m.

Located at 2401 SW Archer Road, Gainesville, FL 32608. Call 352-265-9569 to receive a class referral.

- ✓ Includes **FREE** Nicotine Patches/Gum/Lozenges\*
- ✓ Includes **FREE** Participant Workbook and Materials
- ✓ More than **DOUBLES** your chances of success

**UFHealth**  
UNIVERSITY OF FLORIDA HEALTH

Program covers all forms of tobacco.

*\*While supplies last and  
if medically appropriate*

**IQ**  
I Quit with AHEC